

3

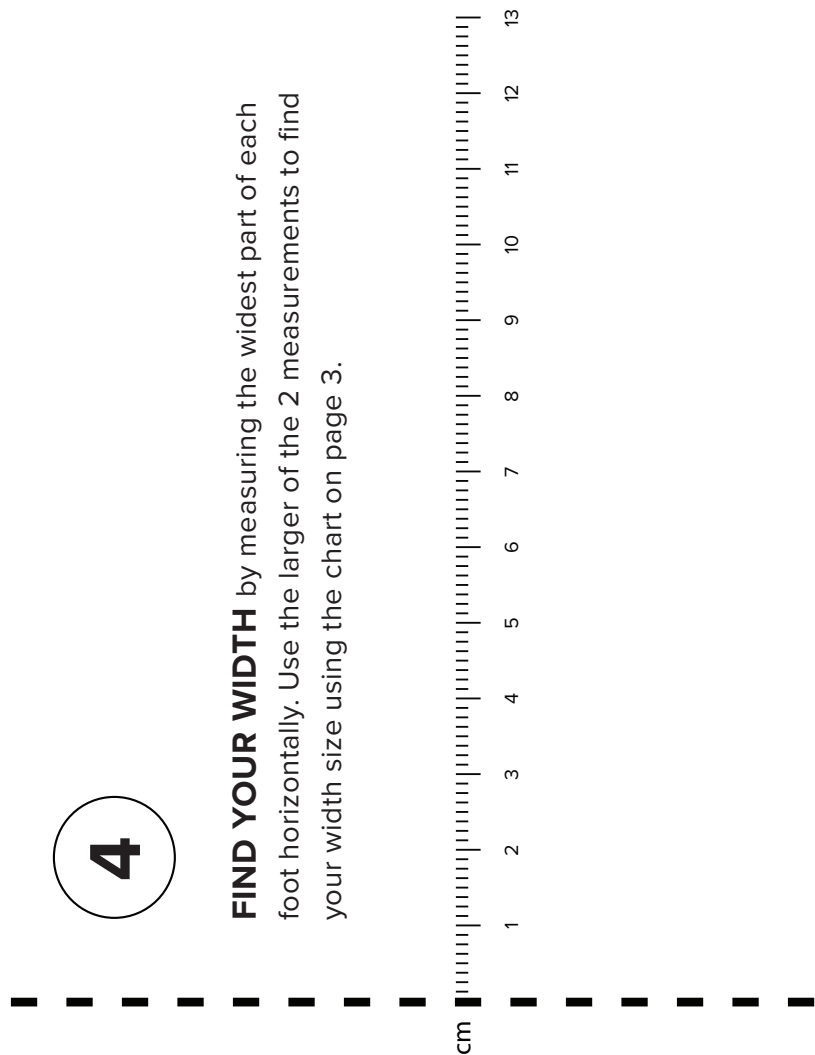
FIND YOUR SIZE by placing your heel on the semicircle below and aligning the back of your heel with the paper or a wall. Measure each foot separately and be sure to put your full weight on your foot. For the most accuracy, measure with the back of your heel against a wall.



FOLD UP ALONG DOTTED LINE AND ALIGN WITH BACK OF HEEL OR WALL

4

FIND YOUR WIDTH by measuring the widest part of each foot horizontally. Use the larger of the 2 measurements to find your width size using the chart on page 3.



A MEN'S SIZING & CONVERSION GUIDE

| US Men | US Women | UK | EU | Length in cm |
|--------|----------|------|------|--------------|
| 4 | 5.5 | 3.5 | 36 | 22 |
| 4.5 | 6 | 4 | 37 | 22.5 |
| 5 | 6.5 | 4.5 | 37.5 | 23 |
| 5.5 | 7 | 5 | 38 | 23.5 |
| 6 | 7.5 | 5.5 | 38.5 | 24 |
| 6.5 | 8 | 6 | 39.5 | 24.5 |
| 7 | 8.5 | 6.5 | 40 | 25 |
| 7.5 | 9 | 7 | 40.5 | 25.5 |
| 8 | 9.5 | 7.5 | 41.5 | 26 |
| 8.5 | 10 | 8 | 42 | 26.5 |
| 9 | 10.5 | 8.5 | 42.5 | 27 |
| 9.5 | 11 | 9 | 43 | 27.5 |
| 10 | 11.5 | 9.5 | 44 | 28 |
| 10.5 | 12 | 10 | 44.5 | 28.5 |
| 11 | 12.5 | 10.5 | 45 | 29 |
| 11.5 | 13 | 11 | 45.5 | 29.5 |
| 12 | 13.5 | 11.5 | 46.5 | 30 |
| 12.5 | 14 | 12 | 47 | 30.5 |
| 13 | 15 | 12.5 | 47.5 | 31 |
| 14 | - | 13.5 | 49 | 32 |
| 15 | - | 14.5 | 50 | 33 |
| 16 | - | 15.5 | 51 | 34 |
| 17 | - | 16.5 | 52 | 35 |
| 18 | - | 17.5 | 53 | 36 |
| 19 | - | 18.5 | 54 | 37 |
| 20 | - | 19.5 | 55 | 38 |

B MEN'S WIDTH GUIDE

| US Men's Standard Running Size | Narrow (B) in cm | Medium (D) in cm | Wide (2E) in cm | Extra Wide (4E) in cm |
|--------------------------------|------------------|------------------|-----------------|-----------------------|
| 6 | 9.3 | 9.7 | 10.1 | 10.4 |
| 6.5 | 9.5 | 9.8 | 10.2 | 10.5 |
| 7 | 9.6 | 9.9 | 10.3 | 10.6 |
| 7.5 | 9.7 | 10.0 | 10.4 | 10.7 |
| 8 | 9.8 | 10.1 | 10.5 | 10.8 |
| 8.5 | 9.9 | 10.2 | 10.6 | 10.9 |
| 9 | 10.0 | 10.4 | 10.7 | 11.0 |
| 9.5 | 10.1 | 10.5 | 10.8 | 11.1 |
| 10 | 10.2 | 10.6 | 10.9 | 11.3 |
| 10.5 | 10.3 | 10.7 | 11.0 | 11.4 |
| 11 | 10.4 | 10.8 | 11.1 | 11.5 |
| 11.5 | 10.5 | 10.9 | 11.3 | 11.6 |
| 12 | 10.6 | 11.0 | 11.4 | 11.7 |
| 12.5 | 10.7 | 11.1 | 11.5 | 11.8 |
| 13 | 10.8 | 11.2 | 11.6 | 11.9 |
| 13.5 | 10.9 | 11.3 | 11.7 | 12.0 |
| 14 | 11.0 | 11.4 | 11.8 | 12.1 |
| 14.5 | 11.1 | 11.5 | 11.9 | 12.2 |
| 15 | 11.3 | 11.6 | 12.0 | 12.3 |
| 15.5 | 11.4 | 11.7 | 12.1 | 12.4 |
| 16 | 11.5 | 11.8 | 12.2 | 12.5 |



ULYSSES